



Community Respite Agencies

The following list of ideas and agencies has been compiled with the gracious assistance from the many families who have used our services. If you have an idea or have been successful using another approach, please let us know so we can pass this information on to other families.

Community Agencies

- **AJA Support Services**
Phone: 647-268-8212
Email: info@ajasupportservices.com
[Website Link](#)
- **Bartimaeus Inc.**
Lyn Gourley, Coordinator of Support Services at 289-385-3322
Phone: (416) 243-3330
[Website Link](#)
- **Believe Support Services**
Phone: 647-554-9870
[Website Link](#)
- **Bridges**
Phone: 905-436-3404
[Website Link](#)
- **Can Do Support Services**
[Website Link](#)
- **Cardinal Nannies and Companions**
Phone: (905) 666-2228 or 1-800-219-8059
[Website Link](#)
- **Community Living Durham North** (Scugog, Brock & Uxbridge Townships).
Out-of-home and in-home respite services.
Phone: (905) 985-8511
[Website Link](#)

- **Community Living Oshawa Clarington (CLOC)**
Phone: (905) 576-3261
[Website Link](#)
- **DHS Health Care Service**
Phone: (905) 571-1511 or 1-800-461-6756
[Website Link](#)
- **Durham Association for Family Respite Services (DAFRS)**
Phone: 905-436-2500 x.2222 or 1 -800-500-2850
[Website Link](#)
- **Footprints Respite**
Phone: 905-420-0388
Email: pickering@footprints.org
[Website Link](#)
- **Goshen Support Services**
Phone: 647-998-9349 or 416-877-5214
Email info@goshensupport.com
[Website Link](#)
- **Impact Mental Health, Special Needs and Behavioral Services Inc.**
Phone: 289 992 8431 or 647 766 2981
[Website Link](#)
- **Karis Disability Services** (*FREE but need an ASD diagnosis*)
Phone: 705-741-1977
[Website Link](#)
- **Mahoe Mental Health Services**
Phone: 647-258-6995
Email: info@mahoehhealth.com
[Website Link](#)
- **Montrose Strength Based Support Services Inc.**
[Website Link](#)
- **ParaMed Home Health Care**
Phone: (905) 433-7600 or 1-800-463-3965
[Website Link](#)

- **Qualicare (Nursing/PSW Respite)**
Phone: 905-665-0101
[Website Link](#)
- **Recreational Respite Services**
Phone: 1-877-855-7070
[Website Link](#)
- **Step By Step Learning Care and Respite Services Home and Community Based**
Phone: 416-859-5938
[Website Link](#)
- **Synergy Link**
[Website Link](#)
- **Wintergreen Respite Program**
Referral: Contact Co-ordination Services for Children and Youth
Phone: 905-427-7207
[Website Link](#)
- **WM+A**
Phone: 416-367-5968
Email: info@wmanda.com
[Website Link](#)
- Pangea Inclusive Supports
Phone: 437-453-6652
Email: info@pangeainclusive.ca
[Website Link](#)

Other Options

- **ABACUS**
Autism Ontario's online listing of Autism ABA/IBI providers in Ontario.
Phone: (905) 721-3034
[Website Link](#)
- **Durham College/UOIT**
Can register as a new employer and post a listing at:
Phone: 905-721-3034
[Website Link](#)

- **Durham Region Unemployed Help Centre - Pickering Resource Centre**
Phone: 905-420-4010
Free service - families can post an online ad through the centre or speak with a representative directly to have an ad posted.
- **Student from a Local High School**
Contact the Guidance Office at your nearest Secondary School