

Tips & Tricks

WASHROOM ROUTINE



Activities / routine and/or equipment strategies to support developmental growth	Teachers role
<p>Foster independence during hand washing routine by providing:</p> <p>Stool in front of the sink</p> <p>Hand washing visual posted and at child's level to see</p> <p>Adult and peer modeling, limited hand over hand support</p> <p>Positive encouragement / Sticker reward</p> <p>Transition item available after routine to aid in waiting for others</p>	<p>Ensure stool is at the sink prior to children entering the washroom.</p> <p>Staff will refer to visual schedule and review with all children during group gathering time and seek children's advice on where to post in the washroom.</p> <p>Reference the hand washing poster during routine.</p> <p>Wash hands with the children. Limit hand over hand, encourage independence through positive praise, verbal instruction and referencing the visual.</p> <p>Offer rewards after routine (stickers, praise, special activity).</p> <p>Offer transition item when child is finished washing hand to aid with waiting.</p> <p>Split group when possible and minimize transitions.</p>